

## Fermanagh & Omagh District Council Community Support News – October 2024

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com)

**Please note the deadline for the next Newsletter is Tuesday 22 October**

### Council News & Events

#### Food Safety Information for Community & Voluntary Representatives

Safefood, in partnership with Fermanagh and Omagh District Council Community Services, would like to invite Community & Voluntary group, club or society representatives from the District Council area to a free information session on food safety.

Register for one of two **free** Food Safety Information Sessions:

**Tuesday 8 October**, 7.30-9.30pm – Omagh [Register now](#)  
MACCA Eco Centre, Mullaghmore & Castlevew Community Assoc, 21 Knockshee Pk, BT79 7PH

**Monday 21 October**, 7.30-9.30pm – Enniskillen [Register now](#)  
Aisling Centre, 37 Darling Street, BT74 7DP

These sessions will give an overview of key food safety considerations for those involved with organisations managing community premises, or who provide catering as part of their activities. This includes small scale hospitality in community spaces, to larger scale catering for events or fundraisers, or just regular hot food provision.

Please note: we will accept a maximum of two representatives per organisation

#### Positive Ageing Month October 2024

This October, there is a month long programme of free events taking place across Fermanagh and Omagh for Positive Ageing Month.

Highlights include:

- 'Give It a Go' low impact exercise taster sessions, indoor bowling, wreath making, a quiz and a night of dance and songs from the past at the 50's / 60's / 70's Disco.
- A range of events focused on support services in financial planning and budgeting for retirement, focusing on topics such as pensions, cost of living, shopping, online banking, fraud awareness, power of attorney, wills and funeral cover.

**All events are free to attend but some require pre-booking.**

For more information visit <https://bit.ly/3XWfskM>

#### FODC's Capital Grant Aid Programme 2024/2025-2025/2026

Funding closes on **Monday 21 October 2024** at 5pm

For further information on the Capital Grant Aid Programme visit [Capital Grant Aid – Guidance Notes](#))

### Reaching Rural Project

Delivering weeks of fun and creative activities for children with disabilities in different locations. The first 4 weeks will run in **Belleek Community Centre** for children with disabilities aged 4 – 10 years old on the following dates:

**Wednesday 2, 9, 16 & 30 October at 6pm**

The programme has been funded by the Public Health Agency.

To book a space or to find out more information please contact Fermanagh and Omagh District Council by telephoning 0300 303 1777 or emailing [disability@fermanaghomagh.com](mailto:disability@fermanaghomagh.com)

### Free Ulster Scots Course

Fermanagh and Omagh District Council, in association with the Ulster Scots Community Network, is offering OCN Level 1 Ulster Scots.

The **free four week course** endorsed by OCN NI provides a basic and interactive view of Ulster Scots history and culture. Topics covered include identity and archaeology as well as introductions to language and family history.

The course will be delivered over four consecutive **Tuesdays 8, 15, 22, 29 October**

**in Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR, 7.30pm-9.30pm.**

If you are interested in attending the course please email [ulsterscots@fermanaghomagh.com](mailto:ulsterscots@fermanaghomagh.com) for more information.

### Grant Aid & Bursary – Rolling Programmes

- **Community Services – Project Development**

Applications for Community Services – Project Development are open on a rolling basis and can be accepted throughout the year. Applicants must first contact a Community Support Officer of the Council to discuss their project/proposal prior to an application being made available. For further information visit [Project Development](#)

- **Seeding Grant Aid**

Applications for Seeding Grant Aid are open on a rolling basis and can be accepted throughout the year. Applications can be accessed on the Council's Grant Manager Portal.

For further information on Seeding Grants visit [Seeding Grants Guidance Notes](#)

- **Significant Sporting Achievement – Grant Aid**

Applications for Significant Sporting Achievement Grant Aid are open on a rolling basis and can be accepted throughout the year. Applications can be accessed on the Council's Grant Manager Portal.

For further information on Seeding Grants visit [Significant Sporting Achievement – Grant Guidance Notes](#)

- **Bursaries – Sports Bursary**

Applications for Sports Bursaries are open on a rolling basis and can be accepted throughout the year. Applications can be accessed on the Council's Grant Manager Portal.

For further information on Sports Bursaries visit [Sports Bursary Guidance Notes](#)

### Contact Details

If you require further advice or guidance, please contact: Grants & Investment Unit, Fermanagh and Omagh District Council

Tel: 0300 303 1777

Email: [grants@fermanaghomagh.com](mailto:grants@fermanaghomagh.com)

Text Phone: 028 8225 6216

<b>Key Dates</b>		
Tues 8 Oct	Free Ulster Scots Course commences in Enniskillen	Page 2
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### **Strule Arts Centre, Omagh**

#### **Creative Workshops**

Saturday 5 October	11am & 2pm	Kids' Workshop - Lego Animation with Can Do Academy
Saturday 12 October	11am	Kids' Workshop - Make Your Own Teddy Bear
Saturday 19 October	11am	Adult Thai Lantern Making Workshop
Wednesday 23 October	7pm	Adult Acrylic Painting Course 2024
Saturday 26 October	10am	Tyrone Art Club Kids' Workshop
Saturday 26 October	3pm	Mindful Drumming for Adults with Claudia Keller
Thursday 31 October	11am	Kids' Workshop - Play With Clay - Halloween Monster Pumpkin Madness

**To book, go to: [www.struleartscentre.co.uk](http://www.struleartscentre.co.uk)**

### **Events in Fermanagh and Omagh**

Visit the following websites for details of what's on in the district:

<https://www.fermanaghomagh.com/events-and-festivals/>

<https://www.fermanaghlakelands.com/whats-on>

<https://exploreomaghsperrins.com/whats-on/events/>

### **Go Succeed – October 2024 Event Promotion**

#### **Meet the Buyer Food & Drink**

#### **Tuesday 8 October**

The event is in Markethall, Millennium Court, Craigavon.

Open to FODC and Mid Ulster businesses alongside ABC Council.

The event can be booked at <https://gosucceedni.glistrr.com/e/75>

### **Dark Sky Festival**

#### **Creative and fun workshops for children and young people**

All workshops are **free to attend**, but booking is essential <https://cuilcaghlakelands.org/events/>

#### **Saturday 12 October** - Ardhowen Theatre with Armagh Observatory and Planetarium

10 & 11am, 4 years + Pop Rockets

11.30am - Crazy Comets and Magnificent Meteorites for teens

2.30 & 3.30pm Mars Lander workshops for teens

West End Community Centre with Bailieborough Creative Hub

11am & 2pm Cosmic Creations for 8-12 year olds

Cavan Burren Park Blacklion with Davy Patton

8pm Astro Landscape Photography for teens

#### **Sunday 13 October** - Marble Arch Caves with Morag Donald

2pm Felting the night sky for teens

### **New Research: Pathways to engagement and work in dance on the island**

A [research report and dance screen](#) film exploring pathways to engagement and work in dance experienced by dance artists and facilitators who live and / or work within territorial border areas of Cavan and Fermanagh and Omagh District Council areas is now available.

This research, entitled Sites of Significance, was funded by an award from Cavan County Council / Creative Ireland and in collaboration with Fermanagh and Omagh District Council and the UNESCO Global Geopark, Marble Arch Caves.

Combining dance and social science research methods, and taking inspiration from the underground rivers of the UNESCO Global Geopark that traverse the territorial borders of Ireland and Northern Ireland, Cavan and Fermanagh, the (often) invisible pathways to dance and connections between people and places were charted through movement, discussion, and auditing/mapping, allowing for choreographic and dialogic exploration and exchange.

Led by researchers Professor Aoife McGrath (Queen's University Belfast) and Dr Victoria Durrer (University College Dublin), the project team also included research assistant, Dr Argyro Tsampazi (Queen's University Belfast), videographer, Simon Mills, and composer, Sorca McGrath. The Sites of Significance film features 15 dance artists and facilitators working in the Cavan and Fermanagh / Omagh local authority areas, and further dance artists and facilitators supported the project through engagement with the audit research.

[The project film is directed by McGrath and Mills, with concept by McGrath, editing by Mills, and original composition by Sorca McGrath.](#)

Please access the [final project report](#) (2024) authored by Durrer, McGrath and Tsampazi.

### **Sperrins Walking Programme 2024-2025**

Remaining dates for walks taking place across Sperrins Area of Outstanding Natural beauty (AONB):

- Causeway Coast & Glens Borough Council Walking Weekend Saturday 12 and Sunday 13 October 2024 (exact dates to be agreed)
- Derry City and Strabane District Council Walking Weekend Saturday 01 and Sunday 2 March 2025
- Fermanagh and Omagh District Council Walking Weekend on Saturday 22 and Sunday 23 March 2025

For more information visit <https://bit.ly/3XXmiWn>

### **Council's Reuse Scheme**

The Council provides a reuse scheme for items that are suitable for reusing or restoring. Through the scheme, you can bring your unwanted household bulky items such as wardrobes, tables and chairs to recycling centres in:

- Drummee, Enniskillen;
- Gortrush, Omagh;
- Carrickmore;
- Fintona;
- Irvinestown;
- Kesh
- Lisnaskea

where they will be collected by registered charities, refurbished and reused in the community. You can also donate your unwanted usable paint at the recycling centres listed.

For more on the Reuse Scheme visit <https://bit.ly/FODCReuse>

### Free FODC Climate Team Environmental Education Programme

We are the Climate Education Team with Fermanagh and Omagh District Council, and our role involves delivering our Environmental Education Programme to schools, youth and community groups.

This year we are reaching out to offer you our **free workshops** that are available to June 2025. Typically, each talk and activity lasts 45 minutes to 1 hour. Our maximum group size would be approximately 30. Sessions are allocated on a first come, first served basis, but we will try and accommodate your requests. Please be mindful of other groups and only register for one workshop for now. If the team has capacity, we will send out our programme later in the year.

The following options are currently available; Waste and Recycling, Biodiversity and Outdoor Learning, and Climate Action. Please do contact us if there is a specific topic you require, and the team will try their very best to facilitate this. All workshops can be adapted for all ages and abilities, which can be discussed further with a member of our team once you have registered.

If you are interested in a workshop, please complete the JotForm which shows the activities currently available for the year ahead: [Environmental Education Booking Form](#)

If you would like additional information, please do not hesitate to contact us on [climate@fermanaghomagh.com](mailto:climate@fermanaghomagh.com) or ask to speak to one of the Climate Team on 0300 303 1777.

### Omagh Music Festival

The Annual Omagh Music Festival Weekend returns this year and will celebrate the music of Omagh legends, Frankie McBride and Frank Chisum.

**On Friday 1 November**, come along for an Evening of Music and Conversation with Sweet Omagh Town Internet Radio presenters, Don McGurgan and Declan Forde.

**On Saturday 2 November**, the Omagh Music Festival Concert will take place and artist Conor Chisum, Frank Chisum's grandson, will hold an album launch event.

Booking & Info available at <https://bit.ly/4df5P5h>

### Refill Station Opportunity

According to Keep Northern Ireland Beautiful, NI uses 145 million single-use plastic bottles every year, with over 400,000 bottles littering our streets at any given time. By registering your business or organisation as a water refill point, you can help reduce this waste and have your premises listed on the Refill app. It's quick, easy to register and a great way to make a positive impact on the environment! Register at: [Add a Refill Station | Refill | Join the Refill movement](#)

Refill works by connecting people with locations where they can eat, drink and shop with less waste.

If you have any queries please contact [climate@fermanaghomagh.com](mailto:climate@fermanaghomagh.com)

### Community Wellbeing at Fermanagh and Omagh District Council

This site will provide up-to-date information in relation to Sport and Countryside Recreation programmes, events and activities across the district.

<https://www.facebook.com/SportandCountrysideRecreation/>

### Community Centres

Our community centres are available to hire for children's activities/parties, community events, health and sporting activities, special occasions and corporate events.

For further details or to make a booking visit

<https://www.fermanaghomagh.com/services/community/community-centres/>

### Fermanagh and Omagh Policing and Community Safety Partnership (PCSP)

A partnership between the Council, statutory providers and the community. The partnership is made up of elected and independent members and representatives from the statutory sector.

Follow us on Facebook via the link below

[https://www.facebook.com/FermanaghandOmaghPCSP/?locale=en\\_GB](https://www.facebook.com/FermanaghandOmaghPCSP/?locale=en_GB)

### Consultations

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district. Further information is available at

<https://www.fermanaghomagh.com/your-council/consultations/>

### Charity Support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

For further information visit <https://www.fermanaghomagh.com/services/community/>

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council **at least 6 weeks** before the date requested, to allow sufficient time for the application to be considered.

To make an illumination request please complete <https://form.jotform.com/222782646405055> or for any enquiries regarding Council support to charities, email [communitysupport@fermanaghomagh.com](mailto:communitysupport@fermanaghomagh.com)

### Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action.

Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit [Community – Fermanagh & Omagh District Council \(fermanaghomagh.com\)](http://fermanaghomagh.com)

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

<https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163>

Area	Officer	Email	Telephone
Enniskillen	Ruthanne Fawcett	<a href="mailto:ruthanne.fawcett@fermanaghomagh.com">ruthanne.fawcett@fermanaghomagh.com</a>	Ext 21649
Erne East	Joanne Cunningham	<a href="mailto:joanne.cunningham@fermanaghomagh.com">joanne.cunningham@fermanaghomagh.com</a>	Ext 21405
Erne North	Leza Cleary	<a href="mailto:leza.cleary@fermanaghomagh.com">leza.cleary@fermanaghomagh.com</a>	Ext 21234
Erne West	Kellie Beacom	<a href="mailto:kellie.beacom@fermanaghomagh.com">kellie.beacom@fermanaghomagh.com</a>	Ext 21201
Mid Tyrone	Eilish Morgan	<a href="mailto:eilish.morgan@fermanaghomagh.com">eilish.morgan@fermanaghomagh.com</a>	Ext 20068
Omagh	Josephine Treanor	<a href="mailto:josephine.treanor@fermanaghomagh.com">josephine.treanor@fermanaghomagh.com</a>	Ext 20222
West Tyrone	Billie-Jo Irwin	<a href="mailto:billie-jo.irwin@fermanaghomagh.com">billie-jo.irwin@fermanaghomagh.com</a>	Ext 20220

## Community News

### Invite To Omagh Youth Network Event

**Tuesday 1 October 2024, 7pm  
at Youth Sport Omagh**

This invite is to anyone who works with youth (11 years up to the age of 25) in the Omagh Area from Community, Voluntary or Statutory, Uniformed or Sport Sectors, from Youth Justice to gymnastics, and everyone in between. The aim is to share good practice and create links and partnerships.

Please contact [Priscilla.Magee@westerntrust.hscni.net](mailto:Priscilla.Magee@westerntrust.hscni.net) to confirm attendance or with any queries.

An event is also planned for the Fermanagh Area in November. Thanks is extended to Youth Action on behalf of the Local Planning Groups who have been the drive to bring these events to life.

### Childhood & Teenage Nutrition Videos Survey

The childhood & teenage nutrition video survey 2024 has launched. It's your chance to have your say on what videos you want to see on the Public Health Dietitians YouTube channel. Fill out the short survey at this link: <https://forms.office.com/e/1SqWt6z360>

**Closing date: Tuesday 1 October**

### Digital Voice is coming to a town near you!

**Come and speak to BT about the new home phone service, Digital Voice.**

**Tuesday 1 October, 10am-3pm, Enniskillen Library BT74 7DR**

**Wednesday 2 October, 10am-3pm, Omagh Library BT78 1HL**

The UK home telephone network is being retired at the end of January 2027. There is a new digital phone service being introduced to replace the landline. This is called Digital Voice and works in much the same way as the current phone, however it uses the broadband system to make calls.

To help support the community with the changeover, BT are running the above free engagement events in the Fermanagh and Omagh area to give the public the opportunity to come and seek support.

### Give blood in Enniskillen

**You could save 3 lives!**

Thursday 3 & Friday 4 October - Book your appointment by tapping on the link -

<https://scanner.topsec.com/?d=1783&r=show&u=https%3A%2F%2Fbit.ly%2FGiveBloodNI&t=9eaf8cfaa84a84e39e28806eaa01d393e44b7f7a>

### Deafblind UK Conference 2024

**Thursday 3 October - Online and free**

This is a digital experience exploring how people living with deafblindness identify themselves and how society supports them. Together we focus on the topic of 'Standing out and fitting in' diving into awareness, inclusivity and accessibility. Our speakers include Lord David Blunkett, Creator of Mixmups, Rebecca Atkinson and Senior Accessibility Manager of HSBC, Chris Bailey.

Registration now open! Visit <https://deafblind.org.uk/> to register.

## **The Fermanagh Job Fair is back!**

**Thursday 3 October, 10am-1pm  
in Fermanagh Lakeland Forum**

Looking to get into work or seeking a change of career?

Over 250 local job vacancies will be on offer at the county's largest annual job fair. The free event will offer job hunters the chance to apply for positions across sectors including manufacturing, retail, health care, hospitality, construction, administration, maintenance and more. The jobs on offer will cover a range of working patterns and hours including shift work, part-time and full-time vacancies. Many of these positions will not require any previous experience or qualifications. In addition to a wide range of local employers, there will also be representation from training providers and support organisations.

The job fair will feature opportunities from locations spread throughout Fermanagh, including the new Lakeland Retail Park in Enniskillen.

The event is organised by Enniskillen Jobs and Benefits office, and supported by the Fermanagh and Omagh Labour Market Partnership through funding from the Department for Communities and Enniskillen BID.

If you have any questions please contact Kate or Nigel on [ucemployeradviser.enniskillen@dfcni.gov.uk](mailto:ucemployeradviser.enniskillen@dfcni.gov.uk)

### **Examples of Employers Attending:**

Home Bargains, South West GP Federation, Mannok, John Courtney Tree Surgery, Encirc, Tracey Concrete, Cassidy Hospitality Group, AG Paving and Building Products Ltd, First Choice Selection Services, Kennedy/Lynn Recruitment, Positive Futures, Greentown, Killyhevlin Hotel, Saica, Crust and Crumb Bakery Ltd, Staffline, Royal Air Force, Apex, Balcas Timber Ltd, Army Careers, Action For Children.

## **Lough Erne Heritage Festival**

### **Continues to 5 October**

The Lough Erne Landscape Partnership (LELP) is delighted to announce the launch of the Lough Erne Heritage Festival. Made possible thanks to funding from The National Lottery Heritage Fund, the festival will showcase the rich tapestry of the cultural, natural and built heritage of the Lough Erne area through a series of exciting events, activities, exhibitions, and workshops designed to highlight the region's diverse heritage.

The Lough Erne Heritage Festival is a celebration of the Lough Erne Landscape Partnership and all it has achieved. This festival marks a special milestone as we celebrate all 44 projects that the Lough Erne Landscape Partnership has overseen since 2018, showcasing the impactful outcomes and community benefits realised over the years.

As part of the Festival we are pleased to work in partnership with the organisers of [Fermanagh Live](#) and [Enniskillen Plein Air Festival](#) and we are excited to host the [Lough Erne Stillwaters Conference: A Meeting of Minds 2024](#), in partnership with the UK & Ireland Lakes Network, to explore topics related to freshwater management, including water quality, biodiversity, and sustainable practices.

**The Festival Finale will take place in the form of a [Festival Celebration Day](#), A celebration of the Lough Erne Landscape Partnership, at Enniskillen Castle and Broadmeadow on Saturday 5 October, 10am – 4pm. This fun-filled day will host many activities showcasing the rich built, natural and cultural heritage of Lough Erne.**

For further information visit <https://www.fermanaghlakelands.com/lehf>



### **2024 Lough Erne Stillwater Event 3-4 October – A Meeting of Minds!**

UK and Ireland Lakes Network 2024 Conference comes to Fermanagh on Thursday 3 and Friday 4 October 2024.

Hosted by the [Lough Erne Landscape Partnership](#) and UK and Ireland Lakes Network, this is for anyone with an interest in environmental sustainability, loughs and lakes or who simply loves the natural environment.

The conference brings together experts, policymakers, researchers, landowners and community stakeholders to share insights and solutions for the sustainable management of stillwaters, rivers, and their catchments. Whether you are involved in academia, conservation, land management, government, or just passionate about preserving our natural landscapes, this is the place to connect, learn, and make an impact.

Highlights include:

- Stimulating short talks to generate conversations with a wide range of stakeholders.
- Interactive workshops focused on practical solutions and innovations.
- Field trips around beautiful Lough Erne showcasing local wildlife, economy, landscape and heritage.
- Networking opportunities with key stakeholders from across the UK, Ireland, and beyond.
- **Lough Erne Heritage Festival organised by [Lough Erne Landscape Partnership](#) runs in parallel to 5 October**

For further information and to book visit [bit.ly/3Bcqud4](https://bit.ly/3Bcqud4)

### **Draft Programme for Government 2024-2027 Consultation Period ends 4 November 2024**

The NI Executive has published the [draft Programme for Government 2024-2027](#) laying out in draft form the Executive's key commitments and priorities for the next 3 years of government in Northern Ireland.

- In partnership with network organisations from across the sector, **NICVA** wants to hear voluntary and community sector views on this draft plan. NICVA are hosting a number of online engagement sessions to provide an overview of the key priorities detailed within the draft plan and hear sector views and feedback. [Join an engagement session](#)
- **Fermanagh Trust** invite you to attend a consultation event on Thursday 17 October, 6.30pm-8.30pm in Fermanagh House, Broadmeadow Place, Enniskillen, BT74 7HR

### **Playboard NI**

#### **State of the Sector Survey 2024 – School-Age Childcare**

Providers and parents [Have your say](#) and help shape the future of play-based School-Age Childcare Services in Northern Ireland.

**Closing date for completion of surveys is Friday 4 October 2024.**

Participants that respond to the surveys will be included in a prize draw.

### **Fermanagh Gardening Society**

**Tuesday 15 October, 7.30pm**

**Killyhevlin Hotel, Lisgoole Suite**

This month we will welcome Lauren Moore, a Fermanagh girl, studying and working with the RHS in the South of England. Lauren will speak on 'My Time at RHS Rosemoor Gardens'. This is sure to be a colourful and enjoyable talk.

## Youthlife

### Bereavement counselling for children and young people

**Fermanagh House on a Tuesday**

**Omagh Library on a Thursday**

Youthlife provides counselling support for children and young people aged 5-25 years who have been affected by bereavement, separation, divorce or loss of a significant person

Referrals can be made by contacting Caroline Temple on 028 7137 7227 - leave a voicemail and we will get back to you or email [Counselling@youthlife.org](mailto:Counselling@youthlife.org) for referrals coordinator Lianne, regarding active counselling sessions.

More info can be found on their website [Youthlife – Bereavment Counselling for Children and Young People](#)

## Social Farming Awareness Week

**Monday 7 October to Friday 11 October**

Rural Support is excited to announce we are holding our third Social Farming Awareness Week, to promote the amazing work of our Social Farms as well as an opportunity to see delivery in practice and hear first-hand from the farmers and participants.

Social Farm visits will take place across five different farms (10.30am-12.30pm):

Monday 7 October	Glenside Farm, Comber
Tuesday 8 October	Jubilee Farm, Glynn
Wednesday 9 October	Butterlope Farm, Plumbridge
Thursday 10 October	Magennis Farm, Newry
Friday 11 October	Primrose Cottage Farm, Saintfield

We would be delighted if you could join us on one of these days to see a sample of what our farms offer and hear some stories of participants' experiences on these farms.

All potential participants, families, farmers, referral organisations, or anyone interested in learning about the benefits of Social Farming are welcome!

Please note spaces are limited and booking is essential. Please book your space by completing the form <https://forms.gle/dYsATS7VMC6KvRAM8> or contact us via [socialfarming@ruralsupport.org.uk](mailto:socialfarming@ruralsupport.org.uk) or call 07544 861825.

## RAF Cadets

The RAF Air Cadets in Northern Ireland is opening a new "flight" in Enniskillen on **Monday 7 October** at 7.30pm.

We are meeting at the Army Reserve Centre, Rossorry Church Road, Enniskillen BT74 7HB. Given the long and illustrious history of the Royal Air Force in Co Fermanagh, we are anticipating lots of interest from young people and adults to engage.

Visit <https://raf.mod.uk/aircadets/> for further information and contact [develop.nireland@rafac.mod.gov.uk](mailto:develop.nireland@rafac.mod.gov.uk) with any enquiries.

## **Fermanagh Rural Community Network Awards 2024**

### **Celebrating Your Achievements**

Fermanagh Rural Community Network (FRCN) are pleased to announce the 23rd year of our Community Awards scheme to celebrate the work of Community & Voluntary Organisations in County Fermanagh

Award Nominations are encouraged from Organisations for the following categories:

1. Local Community Activity
2. An Individual who has made a difference in your area

Nomination Forms are available [HERE](#)

Please complete and return by email to: [info@fermanaghrcn.org](mailto:info@fermanaghrcn.org) or post to FRCN office

### **Deadline for all Nominations: Monday 14 October 2024**

In co-ordinating this Awards Scheme, FRCN as the Local Rural Support Network for County Fermanagh, is proud to celebrate the skills, services, and projects developed and delivered by Organisations and Communities throughout the County.

Awards Winners will be announced at the “Awards 2024 Celebrating Your Achievements” and Fermanagh Rural Community Network **Annual General Meeting on Monday 21 October, 7.30pm**

## **Carers' Hub**

**Thursdays, 11am-1pm**

**Aisling Centre, Enniskillen**

**Guest Speaker and Refreshments provided**

The purpose of the group is for unpaid carers to come together to support each other.

The group will have different information and training sessions and there will also be feel good sessions such as aromatherapy, lunch and other activities planned throughout the year.

If you are interested in attending, please contact:

Judith, Western Rural Health Care Ederney GP Surgery on 028 6863 1234 or

Martina, Dromore and Trillick GP Surgery on 028 8244 0600

You **do not** have to be registered with these two GP practices to register for this event.

**Open to all carers in the wider Fermanagh and Omagh area.**

## **YouthAction NI's 80th Birthday Celebrations in Fermanagh**

**Saturday 12 October, 7.30pm**

**Westville Hotel, Enniskillen**

Bring your family/friends to join friends and staff in a fun filled evening of games and prizes including playing your favourite TV Gameshows such as The Chase, Play Your Cards Right, Deal or No Deal, Catchphrase & The 1% Club!

We'll finish the night off in style with a 1980s themed party!

Fancy dress optional!

Admittance is strictly 18 years old+

The Hotel has also very kindly offered to discount rooms, based on bed & breakfast for any staff who are attending and wanting to stay over. Just call the Westville Hotel on 028 6632 0333, and let them know you are attending the YANI event and wanting to book one of the discounted rooms.

Book your tickets for the event via:

<https://www.ticketsource.co.uk/youthaction-ni/game-show-80s-night/2024-10-12/19:30/t-jzdzdmm>

## Health Improvement Team

### Menopause and Diet Webinar

Thursday 17 October, 7.30pm

Join us for our **free** 30 minute webinar on diet and the menopause.

Speaker: Fiona Armstrong (Lead Health Improvement Dietitian)

Register at <https://events.teams.microsoft.com/event/e8e494a2-5791-447a-8ab6-e262a2dedfee@8d733bf0-442e-4449-b747-a765ea359ff8>

### Nutrition Webinars

A wide range of free 30 min nutrition webinars for all life stages and healthy recipe videos are available. Watch on YouTube at <http://pha.site/public-health-dietitians-youtube>

## Public Consultation - HSCNI Involvement and Consultation Scheme

The Public Health Agency (PHA), in partnership with the Northern Ireland Health and Social Care (HSC) Trusts are seeking your views on a new Involvement and Consultation Scheme Document.

Involvement of and consultation with service users and carers is critical in the commissioning, development, design and delivery of HSC Services. To comply with our statutory duties in regards to Involvement and Consultation, as set out in the Health and social Care Reform Act (NI) 2009, all HSC organisations, to which the legislation applies, must have a Consultation Scheme in place, which sets out how they meet their statutory responsibilities in this field.

Working together through the Regional HSC Personal & Public Involvement (PPI) Forum, service users, carers, experts and advocates in the fields of Involvement and Consultation and other HSC partners, have collaborated on the development of a common, generic template, in order to update our respective Schemes.

In adopting this approach, our new Schemes, will encourage a raising of standards and can aid us to deliver an improved consistency of approach to the active and meaningful involvement of service users, carers, and effective partnership working with our Community & Voluntary sector partners and the wider public.

We thank you in advance for taking the time to give us your feedback on the Involvement and Consultation Scheme and look forward to your comments.

**This consultation will close on Monday 11 November 2024.** You can take part at <https://consultations2.nidirect.gov.uk/hsc/consultation-on-hsc-consultation-scheme-template>

If you would like to find out more information, please contact [ppi.secretary@hscni.net](mailto:ppi.secretary@hscni.net).

## The Consumer Council

### Information Day, Omagh Library

Monday 21 October

We will be sharing information on budgeting, energy bills and reducing food costs.

We have reached thousands of consumers across Northern Ireland to provide information and advice face-to-face on a variety of topics.

### Western Drug and Alcohol Forum

#### 'Ketamine: Culture, Use & Trends'

Tuesday 29 October, 10am-12 noon via MS Teams

Trainer Adam Waugh from The Loop:

Overview of free Course Content:

- The history of ketamine: John Lilly, medical uses & the emergence as a recreational drug in the early 2000's.
- Price, purity, adulterants and drug market data.
- Ketamine use within the 'free party' and festival scene.
- Potential future medical applications - ketamine as an antidepressant.
- The effects and risks of ketamine use; both acute and chronic, including 'k-cramps' and ketamine-induced cystitis.
- Adopting a harm reduction; both to people who use ketamine and in environments where it is commonly used.

To register: <https://forms.office.com/e/V8XMbnVbZV> Joining instructions will be sent closer to time

### Make 2nds Count

This is a UK patient and family focused charity dedicated to giving hope to those affected by secondary breast cancer.

Breast Cancer Awareness Month (BCAM) in October is a month when charities and organisations across the UK come together to raise awareness about breast cancer. Secondary Breast Cancer Awareness Day (13 October) is the only day dedicated specifically to secondary breast cancer.

Secondary (metastatic) breast cancer is a cancer that has spread beyond the breast to other parts of the body. Over 61,000 men and women in the UK are living with this incurable disease, and symptoms can vary from person to person. It has a devastating impact on people affected and their families, yet many of the general public have never heard of it.

Make 2nds Count gives hope to those affected by secondary breast cancer. We do this through funding vital secondary breast cancer research, sharing information and practical advice so that our community feels more empowered and educated about treatment options and trials, and through peer-to-peer and online support groups and retreats, with a focus on quality of life

Learn more about the Shine a Light Campaign and how you can get involved at

<https://bcam.make2ndscount.co.uk/>

### Help Support Service Users from Killadeas Day Centre

Fermanagh Fun Farm in Lisbellaw has partnered up with Killadeas Day Care Centre to provide their service users the opportunity to gain national qualifications as well as gaining life skills.

To help some of the service users to gain their Hospitality Level 1 qualification, we have started running a **coffee morning at the farm every Friday morning 10.30am-12pm.**

Please RSVP to Alan [fermanaghopenfarm@hotmail.com](mailto:fermanaghopenfarm@hotmail.com)

To help support this partnership we have receive grant funding from Elevate to provide resources that are required to gain these qualifications. We would appreciate the support of the local community to make this a success for the service users.

For details of all our upcoming events please visit [Events - Fermanagh Fun Farm](#)

### **The Centre for Independent Living Northern Ireland (CILNI)**

Dedicated to empowering disabled people to live independently and make choices about their own lives. Established to promote the principles of Independent Living, CILNI works closely with individuals, families, and carers to provide advice, support, and guidance on accessing Self-Directed Support and Direct Payments. By offering a range of services, from helping to inform support plans to supporting individuals to become employers, CILNI aims to ensure that disabled people have control over their own support arrangements and can live in a way that best suits their needs and aspirations.

CILNI offers tailored assistance to those seeking Direct Payments, enabling them to arrange personalised care and support that enhances their quality of life. A key aspect of this support is guiding individuals through the process of becoming an employer, helping them understand their responsibilities and rights when employing personal assistants or carers. Through one-to-one advice and ongoing guidance, CILNI is dedicated to breaking down barriers and enabling disabled people to live fuller, more inclusive lives in their communities.

For information visit [www.cilni.org](http://www.cilni.org) or Tel: 028 9064 8546

### **Huntington's Disease Association Northern Ireland**

Huntington's Disease is a rare neuro-degenerative condition affecting the lives of hundreds of people across NI. Over time, HD causes a person to lose control over their body and mind and eventually they will require constant care until end of life. No two people or two families will have exactly the same experience of HD. There is currently no cure and carefully co-ordinated management of the disease by a range of health and social care professionals is required, to maximise independence and promote well-being for everyone impacted.

HDANI is the only charity in Northern Ireland that provides a range of services to anyone affected by HD including facilitated support groups, advocacy, advice, practical & emotional support, information & training.

Our services are free, confidential and available to anyone in Northern Ireland impacted by HD. If you want information or support for yourself or your family you can contact us.

Visit our website [www.hdani.org.uk](http://www.hdani.org.uk) or you can email us on [info@hdani.org.uk](mailto:info@hdani.org.uk) and someone will be in touch within 2 working days.

### **Family Conference and Dinner**

**Saturday, 12 October from 10am | Silverbirches Hotel, Omagh**

You are welcome to our Annual Huntington's Disease Conference and Well-being event to learn, share and relax. Relevant service Providers/Organisations wishing to exhibit from 12-3 can reach out to us.

[Book here](#) or email [rachel@hdani.org.uk](mailto:rachel@hdani.org.uk) for more information.

### **Erne Paddlers**

**Indoor pool kayaking courses are back!** Starting mid-October, Erne Paddlers will be running pool sessions in Enniskillen, Fivemiletown and Omagh. As usual we will have a varied programme to suit all levels of experience, with regular new beginner intakes, sessions for those developing more advanced skills and courses specifically for children (7yrs+). We will also continue to run midweek and weekend Lough Erne trips, and sea kayaking adventures off the Donegal coast. Full details of all courses and activities, and tickets available at [www.ernepaddlers.org.uk/events](http://www.ernepaddlers.org.uk/events)

We have some extra capacity over the coming months to run indoor sessions for local community and charity groups. These can be block booked by organisations and tailored to meet the needs of

participants. We have significant knowledge and experience providing bespoke paddlesports activities across a wide range of local organisations. If you or your group are interested and would like to find out more please get in touch.

Erne Paddlers is a not-for-profit registered charity and an inclusive club. We try to keep prices as low as possible and there are additional discounts available depending on individual circumstances. Find us on Facebook, Instagram and X for regular updates too.

If anyone would like to find out more, please get in touch via social media, [email@ernepaddlers.org.uk](mailto:email@ernepaddlers.org.uk) or call/WhatsApp 07468 911398.

### **World Suicide Prevention and World Mental Health Day 2024**

The countdown is on to this year's Regional campaign connecting World Suicide Prevention Day on 10 September to World Mental Health Day on 10 October 2024. The five Health and Social Care Trusts in Northern Ireland alongside the Public Health Agency (PHA) and Northern Ireland Ambulance Service (NIAS) have worked in partnership to develop a campaign to encourage people across Northern Ireland to prioritise workplace mental health.

#### **Prioritising Mental Health in the Workplace**

This year we are asking everyone to take 10 minutes out of their day for self-care using the 'Take 5 steps to wellbeing'.

The campaign pack can be found at [WSPDWMHD campaign pack 2024 - 1 \(pagetiger.com\)](https://www.pagetiger.com/WSPDWMHD_campaign_pack_2024_-_1)

You can find all other information and tools you need to take part in the campaign

at <https://www.mindingyourhead.info/workplace-mental-health-2024>

If you have any queries at all, please do not hesitate to contact

[Health.Improvement@westerntrust.hscni.net](mailto:Health.Improvement@westerntrust.hscni.net) Tel: 028 7186 5127

Find us on Facebook: [www.facebook.com/westernHSCTrust](https://www.facebook.com/westernHSCTrust)

#### **Mindfulness Walk:**

**Wednesday 2 October**, 10.30am-12.30pm - Hospital Road Community Centre, Omagh

Join the WHSCT & FODC for a mindfulness 'Walk & Talk' in support of World Mental Health & Suicide Prevention Days. Open to All. Contact [daniel.mcintyre@fermanaghomagham.com](mailto:daniel.mcintyre@fermanaghomagham.com)

### **Tara Centre**

**11 Holmview Terrace, Omagh BT79 0AH**

For details of our Autumn programme please visit <https://taraomagh.com/wp-content/uploads/2024/09/Tara-Centre-Autumn-Brochure-2024-web.pdf>

This includes workshops on Meditating Together, The Green Platform, The Enneagram, Dru Yoga, Qi Gong for Self Healing and Meditation "The Soul of Healing".

Ongoing services available include Counselling/Psychotherapy, Art Therapy, Complementary Therapies.

Support Groups:

- PATHS Meetings are held on the 2nd Tuesday of each month 8pm-9.30pm
- Omagh Men's Support Group meets Mondays, 7.30-9.30pm

Any enquiries on any of the above, or to book your place,

please contact reception on 028 8225 0024 Email: [info@taraomagh.com](mailto:info@taraomagh.com)

## Aisling Centre

37 Darling Street, Enniskillen BT74 7DP

### Groups & Programmes:

- Forget Me Not – Bereaved by Suicide Support group meets first Monday every month at 7.30pm. Next meeting will be Monday 7 October. Annual Tree of Lights service Sunday 24 November. For further information please contact Aisling Centre on 028 6632 5811.
- Mindfulness Meditation – Monthly drop-in sessions, last Tuesday of every month at 7pm.
- Self-Care Sessions – 5-week programme with a particular focus on managing anxiety. 9.30am - 11am running from Tuesday 8 October until Tuesday 12 November (with a break Tuesday 29 October). Advance registration required - please contact [info@theaislingcentre.com](mailto:info@theaislingcentre.com) or telephone 028 6632 5811.

### Other Groups:

- Alcoholics Anonymous – 3 meetings per week at Aisling Centre. For more information, please contact [info@theaislingcentre.com](mailto:info@theaislingcentre.com) or telephone 028 6632 5811.
- Aware – Mental Health Support Group. Meets every other Tuesday at 7pm. If you would like to attend, please contact Sarah on 07867 028489 or email [sarah@aware-ni.org](mailto:sarah@aware-ni.org).
- Escapists – Support Group for Carers. Meets Wednesdays 10.30am-1pm. For more information contact [info@theaislingcentre.com](mailto:info@theaislingcentre.com) or call 028 6632 5811.
- Fermanagh Pride – Meets Thursdays at 7pm. Contact 07368 503661 or email [fermanaghpride@gmail.com](mailto:fermanaghpride@gmail.com) for further information.
- Island Artists – Open to new members. Meets Wednesdays from 2-4pm. For more information, please contact Maura on 07968 225704.

### Yoga Timetable (please contact individual facilitators to book):

- |             |                              |               |
|-------------|------------------------------|---------------|
| • Christine | Mondays at 6pm               | 07722 550040  |
| • Elena     | Tuesdays at 7.15pm           | 07894 037450  |
| • Alasdair  | Wednesdays at 6.30pm         | 07776 290903  |
| • Genny     | Thursdays at 12pm            | 028 8754 1994 |
| • Theresa   | Thursdays at 6.30pm & 7.30pm | 07923 694523  |

## Community Development & Health Network (CDHN)

### Recruitment of Board Members and BCPP Steering Group Community Representatives

#### • Management Board Members

We are seeking up to five positions from interested candidates with expertise in technology and digital transformation, communications, community development public health, and governance and risk management. We encourage expressions of interest from people with lived experience of health inequalities, who reflect the diversity of our communities today.

#### • Building the Community-Pharmacy Partnership (BCPP) Steering Group Community Representatives

We are looking for two community representatives to join our Steering Group. We welcome applications from small grassroots community organisations. Experience of facilitating/managing groups in the community required but you do not need previous experience in application screening as full induction will be given.

For more information click here <https://www.cdhn.org/recruitment>

**Closing date for expressions of interest: Tuesday 8 October 2024 @ 5pm**



## **Join Us as a Volunteer for Halloween 2024 at the Ulster American Folk Park!**

This October, the Ulster American Folk Park in Omagh is calling all enthusiastic volunteers to be part of a truly spooktacular event! From 26 to 31 October, we'll take visitors back to a time of superstitions, folklore, and Halloween traditions. We're looking for volunteers to help create a memorable experience for everyone who dares to join us!

Whether you're guiding visitors through the Park, lending a hand at the Scarecrow Station, assisting at the Photo Station, or managing Car Parking, there's a role for everyone. Help bring our night-time tours to life by acting as a Volunteer Ghost or assist our staff by leading groups around the site as a Tour Assistant. Each role plays a vital part in making this Halloween celebration an unforgettable experience!

### **Why Volunteer?**

By joining us, you'll be part of an amazing community event, learn new skills, meet new people, and enjoy a fun and rewarding experience in a unique setting. Plus, you'll help visitors explore the rich history of Halloween and discover how these traditions have evolved over time!

### **Get Involved!**

Don't miss out on this exciting opportunity to be a part of Halloween 2024! If you're interested in volunteering or have any questions, reach out to us.

### **Contact Us**

[Sign Up to Volunteer](#)

[www.ulsteramericanfolkpark.org](http://www.ulsteramericanfolkpark.org)

Email: [Fernando.bica@nationalmuseumsni.org](mailto:Fernando.bica@nationalmuseumsni.org)

Phone: 028 8225 6307

Help us bring Halloween to life at the Ulster American Folk Park – we can't wait to see you there!

## **Apply for a Broadcast Appeal on BBC Radio Ulster**

We are inviting applications for our Radio Ulster Broadcast Appeals from January 2025 onwards. The BBC provides up to 11 broadcast slots to local charities each year on BBC Radio Ulster/Foyle. These are available for local charities registered with the Charity Commission NI and who offer their services on a region-wide basis.

More information, application guidelines and an application pack can be downloaded from the following webpage

<https://www.bbc.co.uk/aboutthebbc/northernireland/appeals/apply>

## **Omagh Healthy Living Network**

### **Stepping on Falls Prevention (9-week programme for over 65s)**

Starts: Thursday 26 September 2024 Location: St Columba's Hall, Omagh

Designed to help you improve your balance and prevent falls, this programme is perfect for those looking to maintain their independence and stay active.

Register your interest with Omagh Healthy Living Network here: <https://bit.ly/3AEtBdn>

### **Better Days (10-week Pain Management Programme)**

Starts: Tuesday 8 October 2024 Location: St Columba's Hall, Omagh

This programme is tailored to those living with chronic pain, offering strategies and support to help you manage pain and improve your quality of life.

Register your interest with Omagh Healthy Living Network here: <https://bit.ly/3AEtBdn?r=qr>

### **Social Prescribing Service**

We offer ongoing 1-2-1 support for individuals who need a little extra help with social issues impacting their health and wellbeing.

Our team is here to connect you with local resources and services that can make a real difference in your life.

For more information or to register your interest, don't hesitate to reach out.  
Contact us at 028 82 25 1559 or [health@omaghforum.org](mailto:health@omaghforum.org).  
Let's take the next step together toward a healthier, happier you!

### **Oak Healthy Living Centre Lisnaskea**

We are delighted to advertise our upcoming programme of activities here in the centre to December this year.

For more information visit <https://www.oakhealthylivingcentre.com/>

Tel: 028 67723843

Email: [Info@oakhlc.com](mailto:Info@oakhlc.com) or [admin@oakhlc.com](mailto:admin@oakhlc.com)

### **Could you 'Host for Hospice'?**

The Foyle Hospice now provides specialist palliative care services in the Tyrone and Fermanagh areas.

October is officially Foyle Hospice 'Coffee Morning Month'. We are calling on supporters to help us raise vital funds by hosting a Coffee Morning. Whether it's at home, work or in your local community, get your friends together and get the kettle on, it's a piece of cake!!

To request your **free host pack** or for more information, please call Caroline O'Kane Fundraising Officer on 07842 448306 or email: [carolineokane@foylehospice.com](mailto:carolineokane@foylehospice.com)

### **Latest Volunteering Opportunities**

Fermanagh <https://www.volunteernow.co.uk/volunteering-opportunities/>

Omagh <https://omaghvolunteercentre.org/opportunities>

### **How to trace your Child Trust Fund for free**

Stats from September 2023 show 430,000 unclaimed Child Trust Funds (CTF) across the UK.

If you're over 18 and looking to access the money in your CTF, **there's no need to pay to trace it** if you don't know the details. Visit the below link to find out more.

[How to find lost Child Trust Funds | MoneyHelper](#)

### **Urgent Attention Please!**

#### **Defibrillators: HeartSine® Samaritan® PAD 350P/360P/450P/500P, Omron HDF-3500**

The HeartSine Samaritan PAD and Omron HDF-3500 are small, lightweight, portable, battery operated Automated External Defibrillators (AEDs) designed to treat victims of cardiac arrest. We have determined that a manufacturing-related issue may impair device audio prompts.

**The issue could prevent the device from delivering instructional voice prompts to the user during use of the device.**

The device has visual instructional icons still present and is functional, but if the issue is not identified by the customer prior to use, it could potentially lead to no therapy or a delay in therapy. In addition, there may be risk of shock to the user due to the absence of the "stand clear" voice prompt.

There has been one reported serious incident to date in which the device failed to deliver audio prompts. Serious incidents or quality problems experienced with the use of this product may be reported to the Stryker Representative, Aman Auluck Email: [amandip.auluck@stryker.com](mailto:amandip.auluck@stryker.com)

## Training Opportunities

### **Elevate Community Development and Health Inequalities Training**

**Tuesday 8 October – Online via Zoom**

Elevate offers a free interactive full-day training programme focusing on community development as a way to reduce health inequalities.

Participants must be available for both the morning and afternoon sessions of the training.

For more information and to book visit <https://elevateni.org/training/training-dates/>

### **Foundation Skills in Working with Children**

**Starting October, 24 in the Omagh Area.**

OCN level 1 Skills in Working with Children with the GROW programme.

Are you unemployed? Looking to find work?

This is an accredited Open College Network Level 1 Certificate.

Explore a range of subjects that will prepare you for work in early years' sectors

Understand the importance of phonics, songs, games, arts and crafts and so much more!

Places are limited! Contact with your interest today.

Tuesday 10-12pm at Omagh Enterprise Centre for 8 weeks.

Contact [mdonaghy@21.training](mailto:mdonaghy@21.training) Phone : 07739 651536

### **Investing in Community leadership - Upcoming Courses**

**Do you volunteer or work for a Charity, Community Group, Voluntary organisation?**

**A sports club, music group, arts group, social /recreational group?**

Yes? Access our Full programme of free learning and development opportunities at <https://www.fermanaghtrust.org/community-support/training-programme> for upcoming courses and opportunities including our new online, on demand courses with over 200 free courses to choose from.

These courses are funded by The National Lottery Fund and administered by a group of partnering organisations, Fermanagh Trust, Rural Community Network & Holywell Trust through our 'Investing in Community Leadership' Programme.

If you have any questions or training needs we haven't covered please call Sonya at The Fermanagh Trust on 028 6632 0210 or email [leadership@fermanaghtrust.org](mailto:leadership@fermanaghtrust.org)

### **WHST Recovery College Autumn Winter 2024 Prospectus**

**Free courses on mental health and emotional wellbeing**

We all have varying degrees of mental health just like with our physical health. As such our workshops are free and open to absolutely everyone – carers and supporters, people with or without a mental health diagnosis, staff, students – anyone who wants to improve or maintain their mental health and emotional wellbeing.

We keep things informal and relaxed, and all workshops have been written and are delivered by people who have lived experience alongside mental health professionals so students get the lived and learned experience of the topics.

For further details visit:

<https://westerntrust.hscni.net/recovery-college-launches-autumn-winter-2024-prospectus/>

## Health Improvement Equality & Involvement Department

### Training Brochure to March 2025

The WHSCT Health Improvement Equality & Involvement (HIEI) Department has released their latest Training Brochure which is offering **free training courses** taking place across the Trust from to 31 March 2025.

This second edition of the HIEI Training Brochure has an exciting new themed layout. Our training courses are now found under the headings of Children & Families, Community Development, Emotional Health & Wellbeing, Nutrition, Physical Activity, Sexual Health and Smoking Cessation. We are also delighted to introduce eight brand new courses and three courses that are returning to the brochure.

Our new courses are Odyssey Parenting your Teen Programme, What is Childline?, Health Literacy Awareness Session, Making our Nervous System Work for Us: Using the Polyvagal Theory, The Power of Humour: Mental Wellbeing's Secret Weapon, Understanding Bereavement with Suicide, Understanding Self Harm and Understanding Self Harm with Autism.

The courses coming back again are Introduction to Interculturalism and Traveller Cultural Awareness, Introduction to Positive Intelligence and I Can Cook it!

The courses will be delivered either via Zoom or face to face in a range of locations across the WHSCT.

To view the Training Brochure, click on this link [Training Brochure Sept 24 - Mar 25 - Tra \(pagetiger.com\)](#)

For course details including times and course content and to book a place, please click the 'Click Here to Register' icon below each course which takes you to the Eventbrite registration page. Click on the Health Improvement, Equality and Involvement (HIEI) logo on the Page Tiger page to be taken to the HIEI website.

Accessible view is available.

**For further information and any queries in relation to the Training Brochure, please email [health.improvement@westerntrust.hscni.net](mailto:health.improvement@westerntrust.hscni.net) or telephone 028 7186 5127.**

## Outdoor Adventure Sport Training

### NI Orienteering Equipping Teachers Course for Youth/Community Group Leaders and School PE Staff Friday 1 November - Gortin Glen Forest Park tbc

This training usually works best with a maximum of 12 participants.

If more than 12 interested, the course may be delivered on another occasion and possibly at an alternative venue.

For more information visit [www.niorienteering.org.uk](http://www.niorienteering.org.uk)

Tel Ric Gamble on 07717 297676 or email [rgamble@britishorienteering.org.uk](mailto:rgamble@britishorienteering.org.uk)

## Funding Opportunities

### Grant Fundraising Training and Support

#### Virtual Conference 1 & 2 October 2024

An invitation to all organisations to attend the [Get Grants FREE virtual Conference](#) which will include two days of expert fundraising advice, top tips, Q&As, networking, peer-support, and lots of chat.

Across [1st & 2nd October 2024](#), Get Grants **free** Virtual Conference will be full of celebration, inspiration, and practical advice and support – true Get Grants style! We will bring together Fundraisers from across the UK for a programme led by Get Grants Experts, funders, and other experts from across the sector, providing practical support and advice for fundraisers of all levels that can easily be put in to practice.

Receive up-to-date grant fundraising news and advice by signing up to our newsletter at [www.getgrants.org.uk](http://www.getgrants.org.uk).

### Can you imagine a community fridge in your neighbourhood?

Hubbub with the support of Co-op is excited to launch a new grant fund round for setting up community fridge projects across the UK.

The fund is for up to £4,500. All community fridges must be registered with Environmental Health.

For full details visit [Community Fridge Setup Fund - Hubbub](#)

**Applications close midnight Wednesday 16 October.**

Other grants available, but you have to be a part of the Community Fridge Network to avail of them. Details of different funding streams are available here: [Grant funds - Hubbub](#)

### Pudsey Next Steps Programme

#### welcomes applications from organisations in Rural County Fermanagh

#### [BBC Children in Need Pudsey Next Steps opens September 2024](#)

The Pudsey Next Steps funding programme will help achieve greater equity, diversity and inclusion in their grant-making. The first round is now open and focuses on new applicants working in under-served geographic areas across the UK. Organisations can apply for grants for up to three years for between £1,000 and £15,000 per year. Funding will be distributed across the UK based on local priorities. In Northern Ireland, the Pudsey Next Steps programme welcomes applications from organisations which are either: Situated in Strabane and **Rural County Fermanagh** that target marginalised children and young people impacted by poverty or reaching racially minoritised children and young people impacted by poverty, outside of the Belfast area.

**Deadline for Expressions of Interest for first round: 11:59am, Wednesday 16 October 2024.**

Apply via their [webpage](#) which contains further details.

### The National Lottery Community Fund

#### Sustainable Community Buildings

#### Now open for applications!

This funding is to help your organisation to:

- learn how to be more environmentally sustainable – by attending carbon literacy training
- understand what changes you can make to be more environmentally sustainable – by working with experts in sustainability to create an environment plan for your organisation
- improve the environmental performance of your building – for example, we could offer funding so that you can add solar panels, improve insulation or install energy-efficient lighting
- share the benefits of being more environmentally sustainable with your community

- monitor, measure and report on the impact of your funding – for example, track what difference the improvements have made to carbon emissions, energy savings, community engagement and behaviour change
- ultimately reduce your carbon footprint and energy bills.

Funding Size up to £50,000 (capital funding only).

For further information visit:

<https://www.tnlcommunityfund.org.uk/funding/programmes/sustainable-community-buildings>

**Deadline: Wednesday 23 October 2024**

### Community Garden Grants

Individual grants are between £1000 and £5000 for a fully set up community group, registered charity or Community Interest Company (CIC) with a functioning non-personal bank account.

An application must relate to an existing or proposed community garden or similar site.

There must be no query over access to the space (such as restrictions imposed by ownership by another body). Each application must itemise the details of the costs they are planning to cover.

The following is an illustrative, but not exhaustive, list of items that may be eligible for funding:

- Plants and containers
- Materials for flower or vegetable beds and other hard landscaping
- Greenhouses, polytunnels and sheds
- Seating
- Hand tools and certain garden power tools (eg strimmers)
- Materials for providing refreshments (for example to get more people engaged in the garden refreshments can be for an event)

You need to say why you think your project should be considered for a Community Garden Grant. It is important to clearly describe the project, stating the anticipated short- and long-term benefits to a community, and how many people will be positively impacted. You also need to set out how the project will be maintained in the future.

It is important that your proposal demonstrates that you will be using sustainable gardening methods – for instance being as far as possible peat-free. We also celebrate biodiversity so demonstrating that your project will encourage biodiversity and wildlife, while not essential, will be a positive.

Applications must include either clear drawings and/or photographs showing the whole site of the proposed project. They must also include an indication of the site's area/size.

**Applications close at 12 noon on Monday 28 October 2024.**

It is strongly recommended that you do not leave your application to the last minute. Late applications will not have the benefit of feedback on any possible errors or anomalies from the Administrator. As a result, they will be more likely to fail. For further information visit:

[Community Garden Grants - National Garden Scheme \(ngs.org.uk\)](https://www.ngs.org.uk)

### National Churches Trust

#### Treasure Island Grants

The Treasure Ireland Grants Programme can offer between £500 and £10,000 to Places of Worship in Northern Ireland for urgent and essential maintenance and repair projects costing up to £100,000 (incl. VAT). They will consider applications from listed and unlisted Christian places of worship, of any denomination, that are located in Northern Ireland. You must have 50% of the funds required at the point of application.

Find out more at [National Churches Trust: Treasure Ireland](https://www.nationalchurchestrust.org.uk/treasure-ireland)

**Upcoming deadlines January and May 2025.**

## The Naturesave Trust

### Energy Efficiency Funding

We are looking for grant applications from charities, community groups, and organisations who are working to promote a more sustainable approach to energy efficiency through:

- 🏠 Insulation
- ☀️ Solar panels
- 💡 Lighting initiatives
- 🍳 Cooking solutions
- 🔄 Renewable energy
- 🏠 Energy efficient equipment
- 📄 Energy audits
- 🔥 Heating projects
- 🗣️ Education/workshops/events on energy

Or perhaps you have an energy initiative that we haven't even considered!

If you have a completely new approach to combating this problem, then we are all ears.

Visit <https://naturesave.co.uk/naturesave-trust/> for more information.

**The deadline for this funding window is 12pm on Thursday 31 October 2024.**

For more information on our funding guidelines, [click here](#).

## Community Relations / Cultural Diversity (CR/CD) grant scheme

### Currently open by Community Relations Council

All projects in receipt of CR/CD funding must be completed within this financial year

Grants are up to £10K maximum and for project costs only

Average grant is £2K – £5K

Details at <https://www.community-relations.org.uk/funding-scheme/community-relations-cultural-diversity>

**Closes Friday 1 November 2024**

## Sported: Cash4Clubs 2024

Sported is delighted to team up with Cash4Clubs to deliver another round of funding in 2024.

Grants of £2000 (€2000 in Ireland) are available for community organisations working with adults from under-represented communities, delivering sport or physical activity for social purpose.

The 2024 programme is exclusively focused on supporting adult clubs. They want to offer funding to groups that deliver activities to over 18s only, with an emphasis on 18–25 year olds. The funding will be unrestricted but with an outcome of increasing participation, meaning clubs are able to decide how best to use the grant to engage more adults from their local communities.

**The fund is currently open until Tuesday 12 November 2024.**

For full details visit <https://thehub.sported.org.uk/cash4clubs.html>

Please be aware that the programme may close early if a large volume of applications is received.

### **Victoria Homes Trust**

Grants are available for voluntary projects that assist the physical, mental and spiritual development of young people in Northern Ireland under 21 years of age. Examples of eligible areas include alcohol and drugs abuse; homelessness; and counselling for those in need of guidance, advice and support.

Maximum value: £2,500

For further information visit <https://www.victoriahomestrust.com/>

**Application deadline: Thursday 2 January 2025**

### **Homewards Fund**

Homewards is a UK-wide programme to end homelessness, launched in 2023 in partnership with The Royal Foundation of The Prince and Princess of Wales.

Homewards aims to demonstrate that homelessness can be ended, making it rare, brief and unrepeated.

The Homewards Fund is a targeted fund, aimed at supporting members of the Homewards Coalitions in the six Homewards Locations, including Northern Ireland. This might include charities, community groups, housing associations and private companies.

Maximum value: Discretionary

For more information visit <https://homewards.org.uk/homewards-fund/>

**Application deadline: None specified**