

Fermanagh & Omagh District Council Community Support News – January 2025

The Community Support Newsletter is published monthly. Regular updates are also issued by email. If you wish to receive these or place an article in the Newsletter, please contact Alison Gilmore on 0300 303 1777 ext 21217 / email alison.gilmore@fermanaghomagh.com

Please note the deadline for February's Newsletter is Tuesday 21 January

Council News & Events

Free Family Fun Event

Saturday 4 January

Omagh Leisure Complex

Fermanagh and Omagh Labour Market Partnership, on behalf of Fermanagh Omagh District Council and in partnership with Roar Roar Dinosaur, is excited to launch its **Free** Family Fun Days. Before and after completing in the Maths Minions challenge zone, enjoy your day out at the other Free Family Fun Activities on offer such as Double sided Inflatable Dart Board, Giant Connect 4, Inflatable Penalty Shoot, Axe Throwing, Basketball Shooting, Space Hopper Grand National, Reaction Speed Games, Airball Twister, Giant Jenga, Face Painting and lots more fun activities to enjoy as a family.

For more details and to register visit

https://www.eventbrite.co.uk/e/free-family-fun-event-omagh-leisure-complex-omagh-co-tyrone-tickets-1095303896439?aff=oddtdtcreator

Further Free Family Fun Days will be taking place as follows:

Sunday 12 January
Saturday 16 February
Sunday 17 February
Saturday 1 March

Bawnacre Centre Irvinestown
South West College Omagh
Lisnaskea Leisure Centre
Ecclesville Centre Fintona

Saturday 15 March Enniskillen Castle For more information visit https://bit.ly/3Dc3qfs

Fermanagh and Omagh's Favourite Walk

The Fermanagh & Omagh district has many beautiful walks - from the foothills of the Sperrins to the Fermanagh lakes. Whether it's walks along river or through forests, an evening dander or an all-day trek, there is something for everyone.

Each of the 46 walks for you to vote on are part of the Fermanagh & Omagh Walking Guide, which you can find out more about here.

It's time to vote for your favourite! Visit https://www.surveymonkey.com/r/FODCWalks Voting is open now and will close on Monday 6 January 2025.

WRAP 2024/25

Fermanagh and Omagh District Council has appointed a consortium of 6 local organisations to deliver a programme of wraparound and financial support for households in the district who are experiencing food insecurity.

Aptly named WRAP, the programme centres around an 8 week plan of personalised wraparound support, which will be developed and agreed with the household.

Support is aimed at maximising income and reducing household costs. Issues such as debt, benefits, budgeting, housing, healthy eating, physical and mental health will be addressed, as well as education, training and employability skills.

WRAP providers will work with other local services and support organisations to ensure each household gets the support they require.

The WRAP programme aims to support up to 200 households across Fermanagh and Omagh between November 2024 and March 2025.

Local support organisations can refer households to the programme, or individuals can self-refer by calling **028 6632 7006 or emailing info@fermanaghrcn.org**.

Further information on this programme and other support can be found at www.fermanaghomagh.com/costofliving

Free home safety checks

for all residents over 65, families with children under 5, and vulnerable adults, living within our council area.

Reduce your risk from falls in the home; Poisoning; Burns or Scalds; Danger from Carbon Monoxide; Choking or Ingestion

Apply for a home safety check by contacting the Environmental Health Department on 0300 303 1777; email: home.safety@fermanaghomagh.com or online: https://bit.ly/3O2VDCZ

Marble Arch Caves

Winter Cave Tour Special: Buy One, Get One Half Price!

Explore the wonders of Marble Arch Caves this winter with our limited-time offer! Buy one Guided Cave Tour ticket and get the second at half price, available for Adult, Student, and Senior tickets.

Booking Period: 6 January to 31 March (Excluding Bank Holidays)

Monday to Friday, from 12:00pm onwards

Use code 500FF when booking online, or purchase on the day of your visit.

Don't miss out on this fantastic deal—bring a friend and discover the beauty beneath!

https://marblearchcaves.co.uk/online-booking-guided-cave-tour/

Council invites expressions of interest for Seachtain na Gaeilge

Fermanagh and Omagh District Council is inviting applications across the district from community, arts, sports, cultural, heritage, linguistic and other groups who are keen to take part in Seachtain na Gaeilge le Energia 2025 by organising a local event or activity.

Seachtain na Gaeilge le Energia is an international celebration of the Irish language through arts, culture and creativity which runs annually from 1-17 March,

Find out more at https://bit.ly/49sdDjZ

Deadline for submission of applications: Monday 13 January, 5pm.

Omagh St Patrick's Day Festival: in the Heart of Tyrone

This St Patrick's Day, Omagh will shine as the beating heart of County Tyrone, bringing people together for a vibrant celebration of heritage, culture, and community pride.

This year's festival "In the Heart of Tyrone," will showcase community spirit of the town and surrounding areas with the theme of: Snakes Alive in 25!

Get involved in the Celebration

We're calling on local businesses, schools, community groups, organisations, and individuals to make this year's festival unforgettable:

- Enter a Float: Showcase your business or group with a creative and imaginative design to capture the spirit of "Snakes Alive in 25!
- Walk in the parade with your business or community group.
- Share your skills, time, or resources to help us create a celebration that resonates with everyone.

How to get involved

Complete the Expression of Interest at https://www.surveymonkey.com/r/OmaghStPats25 to get involved in the 2025 St Patrick's Day Festival Omagh.

Enniskillen: Jump 'n' Jive in 25

Project St Patrick are busy planning for the St Patrick's Day Festival in Enniskillen with the theme 'Jump 'n' Jive in 25.

For anyone who would like to get involved or require more information, please contact info@projectstpatrick.com or check out their Facebook page https://www.facebook.com/StPatrickEnniskillen

Environmental Youth Speak is back

Topic: Where would we bee without pollinators

We are partnering with <u>South West College</u> to deliver this public speaking competition which is open to Primary Schools and aims to encourage students to research and voice their views on key environmental issues.

Draft versions to be submitted by Friday 28 February 2025.

The final competition day will be held at the SWC Erne Campus on Thursday 10 April 2025. To register your interest and get more details including the application pack, please email climate@fermanaghomagh.com

Consultations

Consultations provide you with an opportunity to have your say. They also help us to find out what you think and to understand your priorities and concerns about our district. Further information is available at https://www.fermanaghomagh.com/your-council/consultations/

Events in Fermanagh and Omagh

Visit the following websites for details of what's on in the district:

https://www.fermanaghomagh.com/events-and-festivals/

https://www.fermanaghlakelands.com/whats-on

https://exploreomaghsperrins.com/whats-on/events/

Community Wellbeing at Fermanagh and Omagh District Council

This site will provide up-to-date information in relation to Sport and Countryside Recreation programmes, events and activities across the district.

https://www.facebook.com/SportandCountrysideRecreation/

Age Friendly at Fermanagh and Omagh District Council

Fermanagh and Omagh District Council is committed to providing an Age Friendly District and seeks to ensure that older people lead more independent, engaged and socially connected lives. For further information visit https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/

For details of how to join an older person's group, visit

https://www.fermanaghomagh.com/services/health-wellbeing/agefriendly/join-an-older-personsgroup/

Community Centres

Our community centres are available to hire for children's activities/parties, community events, health and sporting activities, special occasions and corporate events.

For further details or to make a booking visit

https://www.fermanaghomagh.com/services/community/community-centres/

Irish Language Fermanagh and Omagh District Council

For up to date information and details of activities across the district visit https://www.facebook.com/FODCGaeilge

Fermanagh and Omagh Policing and Community Safety Partnership (PCSP)

A partnership between the Council, statutory providers and the community. The partnership is made up of elected and independent members and representatives from the statutory sector. Follow us on Facebook via the link below

https://www.facebook.com/FermanaghandOmaghPCSP/?locale=en_GB

Community Support

The Community Services Department offers support to individuals and organisations within the community and voluntary sector promoting community action.

Officers within the Community Services Team are available to assist community groups and voluntary organisations make as big a difference as possible to local lives and issues.

For further information, please visit <u>Community – Fermanagh & Omagh District Council</u> (fermanaghomagh.com)

The link below can help you find your local Community Support Officer - please contact us for any assistance you or your organisation may require on 0300 303 1777

https://fermanagh.maps.arcgis.com/apps/ZoneLookup/index.html?appid=82210c413ab74bcd8da1750af0321163

Area	Officer	Email	Telephone
Enniskillen	Ruthanne Fawcett	ruthanne.fawcett@fermanaghomagh.com	Ext 21649
Erne East	Joanne Cunningham	joanne.cunningham@fermanaghomagh.com	Ext 21405
Erne North	Leza Cleary	leza.cleary@fermanaghomagh.com	Ext 21234
Erne West	Kellie Beacom	kellie.beacom@fermanaghomagh.com	Ext 21201
Mid Tyrone	Eilish Morgan	eilish.morgan@fermanaghomagh.com	Ext 20068
Omagh	Josephine Treanor	josephine.treanor@fermanaghomagh.com	Ext 20222
West Tyrone	Billie-Jo Irwin	billie-jo.irwin@fermanaghomagh.com	Ext 20220

Community News

Give blood - you could save 3 lives!

Omagh – Thursday 9 and Friday 10 January

Book your appointment by tapping on the link -

https://scanner.topsec.com/?d=1783&r=show&u=https%3A%2F%2Fbit.ly%2FGiveBloodNI&t=9eaf8cfaa84a84e39e28806eaa01d393e44b7f7a

Pharmacy First

<u>The Pharmacy First service</u> is available at participating community pharmacies across Northern Ireland.

If you have an everyday health condition, you can use the Pharmacy First service to get advice and treatment from a local pharmacist, without waiting for an appointment to see your GP. Many community pharmacies have longer opening hours including weekends and holidays, making them more accessible than a GP surgery.

You can call into the pharmacy for a private consultation with the pharmacist without needing to make an appointment.

The services within Pharmacy First are:

- Pharmacy First for Every Day Health Conditions
- Pharmacy First for Emergency Hormonal Contraception (the morning after pill)
- Pharmacy First for Urinary Tract Infection (UTI)

Fermanagh Film Club

Tuesday 7 January My Favourite Cake

A lonely widow seizes the day in this bittersweet comedy drama...

https://www.imdb.com/title/tt31015278/?ref =nv sr srsg 0_tt_8_nm_0_in_0_q_my%2520fav

Tuesday 21 January The Teacher

A 'must see' drama thriller set in the West Bank

https://www.imdb.com/title/tt21941532/?ref_=nv_sr_srsg_6_tt_7_nm_0_in_0_g_The%2520teacher

For further details visit our website at https://www.fermanaghfilmclub.com/

All screenings in the Enniskillen Hotel at 7.30 pm unless otherwise stated.

JustUs

Friday 10 January

Mahon's Hotel, Irvinestown

To celebrate 5 incredible years of JustUs, join us for a night of laughter, dancing, food and unforgettable memories as we party the JustUs way!

Tommy Owens will be getting everyone warmed up from 7pm - 9pm and then World Famous DJ Jason Cluff will bring a monster rave to finish from 9pm-11.30pm.

£10 per person with one carer free. Those requiring assistance must be accompanied.

Pre booking essential for food numbers and please pay online if possible to reduce workload for volunteers. Email justus.events@yahoo.com for further information.

Dementia Cafés

Our Dementia Cafés provide a warm and welcoming space for people living with dementia, their family and friends. Light refreshments are provided.

Mondays 13, 20 and 27 January and 3, 10 and 17 February

Fermanagh 2pm to 4pm, Belmore Court Motel, Tempo Road, Enniskillen, BT74 6HX For more information and to book your place, please contact Martin Bradley, Dementia Adviser Fermanagh M: 07725 475715

Omagh 10am to 12 Noon, Silverbirch Hotel, 5 Gortin Rd, Omagh, BT79 7DH For more information and to book your place, please contact Julie Anne Casson, Dementia Advisor Omagh M: 07889604702

Alzheimer's Society

Do you support someone living with dementia?

Why not attend our free education programme?

Starts Wednesday 15 January for four weeks, 6.30pm-8.00pm via Zoom

The Alzheimer's Society Carers Information and Support Programme (CrISP) aims to improve the knowledge, skills and understanding of people caring for someone living with dementia by providing effective support and up to date relevant information.

Contact Howard to register foyle@alzheimers.org.uk or call 07902 345229

*All sessions are online Zoom Meetings

Young people's relationship with technology: risks and gains Seminar

Monday 13 January, 9.30am-4pm

Fir Trees Hotel Strabane

Featuring Marcella Leonard MBE

Join us for an intensive and thought-provoking one-day seminar looking at the complex relationship that young people have with technology. It will explore how technology has informed their understanding of relationships, sexual, physical behaviour, role models and what is 'norm' for their age and stage of development. The seminar will also provide an overview of technology-assisted harmful sexual behaviour. This focus is particularly timely following the recent media coverage of a high-profile online criminal abuse case.

To register, please email paula.kee@westerntrust.hscni.net

Mindwise Mums' Support Group

Monday 15 January, 10am-12pm

Fermanagh House, Enniskillen BT74 7HR

Need a break and some support? Join us for our Mums' support group.

We offer a safe space to connect with other Mums and share your experiences.

All are welcome to:

- Sleep consultant taster session
- Q&A Session
- Group Reflection

Register at https://register.enthuse.com/ps/event/MumsSupportGroup

Enniskillen and District Soroptimist Club

Table Quiz

Friday 24 January, 8pm

In Enniskillen Golf Club. In aid of Soroptimist charities.

Sported

Network event in Enniskillen

Thursday 23 January

<u>Sported</u> is a free membership organisation that provides funding, networking opportunities, business support and training to grassroots clubs and groups who are using sport to transform the lives of young people.

We'd love to meet you to share more around how our free services can help your organisation.

This is a great opportunity to connect with our team, share ideas, and find out how Sported can help your club make an even greater impact.

If you're interested or for more information, please contact Alain Cante <u>a.cante@sported.org.uk</u> or Amy Hartley 07901 339334

Campaign to Support Local Sports Clubs

The rising cost of living is making life harder for many across the country, and with social mobility more critical than ever, it's essential that everyone has equal opportunities—no matter their background or circumstances. As you know, families are facing difficult choices, with many having to decide between putting food on the table or giving their children the chance to participate in extracurricular activities.

To help address this, whatimpact has launched the Boots for Social Mobility campaign, running until January 2025. This initiative provides a free platform for VCSEs (Voluntary, Community, and Social Enterprises) to seek both in-kind and financial donations to support their community sports clubs. Any organisation offering free football or other sports activities for children and young people is invited to join the campaign and request for donations.

For further information visit https://whatimpact.com/boots-for-social-mobility/

Extern Strength2Strength Programme

The S2S programme is a community based programme which utilises a strength based approach to address the needs of Level 2 and lower Level 3 vulnerable children aged 8 – 13 years and their families living within the Western Trust Area who may be experiencing difficulties at home, in school and in the community.

If you have any queries or want to make a referral please contact:

Carolann McIntyre, Project Manager on 028 7116 6885

At present this service is only available to families within the Fermanagh Area.

Job fairs and events calendar

The Department for Communities partners with local stakeholders including councils, employers and community and voluntary support organisations to deliver job fairs, employability and information events throughout the year. Upcoming events are listed at https://www.communities-ni.gov.uk/articles/job-fairs-and-events-calendar

FindHelpNI.com

Find the right help at the right time -

Mental Health Crisis Guides, Directory of Support Services,

Inspiring Blog and Helpful Resources, Helplines

The Find Help Near Me Directory currently has over 600 community and voluntary organisations and services. The Inspire Me blog is bursting with helpful, inspiring information and activities to benefit wellbeing. Our Resources section features links to topical podcasts, books, videos, apps and more.

It's far more than just "another directory". If you haven't had a chance to explore the website please do www.FindHelpNI.com

The resource has been welcomed by those looking for help and also from professionals including social workers, school principals, and GPs etc.

The Women's Health Survey for Northern Ireland

Have your say!

Women across Northern Ireland are being encouraged to take part in a survey focusing on their health needs and the challenges around women's healthcare.

The Women's Health Survey for Northern Ireland, part funded by the Department of Health, is the first phase of a public listening exercise with Northern Ireland women.

It is being carried out by the School of Nursing & Midwifery at Queen's University, Belfast, in partnership with Derry Well Women. Its purpose is to hear directly from women about their specific health needs and experiences to help shape planning for women's health services.

The survey will collect anonymous data on a range of topics including women's priorities for their health, barriers to accessing health services and how women's voices are integrated into the planning and delivery of healthcare services.

Women aged 16 and over are encouraged to participate, ensuring that their voices are heard and that the realities of women's health across Northern Ireland are fully represented.

The survey will close on Wednesday 31 January 2025 and is available online at https://bit.ly/3CpbxEW or a paper copy can be accessed by contacting the research team at womenshealthni@gub.ac.uk

The survey will take approximately 20 minutes to complete, and all responses are anonymous and will be used solely for research purposes.

AWARE NI – Menopause Questionnaire

As part of the Mental Health All Party Group within the Assembly we are excited to be launching a piece of research which is committed to fostering greater understanding and support around the impacts of menopause on individuals and their mental health. We hope that this research will help us understand the impact and the need for services, support and advocacy efforts and we are conducting a brief survey to gather valuable insights from people who may have experiences or perspectives to share.

Your participation would be very welcome, and the survey should take no more than 5 minutes to complete. Your responses will play a critical role in shaping our efforts press the department of Health to improve awareness, reduce stigma, and provide effective resources for those affected.

You can access the survey here: https://form.jotform.com/243242893795065

If you have any questions about the survey or how your data will be used, please do not hesitate to contact us by emailing communications@aware-ni.org

Thank you in advance for your time and input. Together, we can help create a supportive environment for individuals navigating menopause and its challenges.

Asthma + Lung UK Northern Ireland

A <u>new and free poster</u> which includes vital health advice on what to do if a child has an asthma attack and when to call 999 is available by clicking on the link. We also want to raise awareness among anyone who looks after children to recognise the signs of an asthma attack, which can come on suddenly or over a few days.

We would be grateful if you could display the poster in settings where children are present, such as schools, community centres, play centres and libraries.

Return to Work Breastfeeding Packs

The Health Improvement, Equality and Involvement Department of the Western Health & Social Care Trust would like to remind you of an initiative currently rolling out in support of breastfeeding mothers returning to work.

Breastfeeding is fundamental to public health as it promotes health, prevents disease and helps contribute to reducing health inequalities.

In support of creating environments where mothers can return to work and continue to breastfeed, the Western Health & Social Care Trust have updated their policy for supporting breastfeeding employees. As part of this policy, any employee returning to work and breastfeeding will be able to avail of a free 'Return to Work' pack.

We have extended this 'Return to work' pack initiative to the employees of all organisations throughout the WHSCT area (Limavady to Fermanagh).

This pack contains; a cool bag, ice block, reusable water bottle and breastmilk storage bottles to assist staff in continuing their breastfeeding journey. The pack also contains additional information on safe storage of breastmilk.

Any staff member or organisations wishing to avail of this on behalf of a staff member, should contact the Health Improvement Equality and Involvement Department on 028 7186 35127 or health.improvement@westerntrust.hscni.net

Volunteering with the Western Trust

Would you like to become an Encompass Volunteer?

The Encompass digital health and social care record system will go live in the Western Trust on 8 May 2025. This is a once in a generational system change, the likes most of us have never seen before, nor will again. During the transition from our now outdated systems to the new Encompass system we will have lots of visitors to our hospital sites, many of whom will never have been to the Western Trust. We will have patients and clients who may not have heard of Encompass or what it means to them.

Our team of Encompass volunteers will be on hand to Meet and Greet at our hospital entrances, to offer wayfinding advice and provide reassurance for those unsure of our new way of working. Volunteers will be given relevant training prior to the Go live date and will attend at various times before 8 May to support with practice runs etc.

As an Encompass volunteer you would attend during the working week, as such we are seeking those available during usual working hours, i.e. Monday to Friday 8am-5.30pm.

If becoming an Encompass volunteer is something you would like to know more about, or you are interested in any of our other volunteers roles, please email volunteering@westerntrust.hscni.net or telephone 028 7161 1155.

Further information about volunteering in the Western Trust can be found at https://westerntrust.hscni.net/about-the-trust/involving-you/volunteering/

Tara Centre

11 Holmview Terrace, Omagh BT79 0AH

For details of our upcoming programme please visit https://taraomagh.com/programmes-workshops/

We provide workshops on Meditating Together, The Green Platform, The Enneagram, Dru Yoga, Qi Gong for Self Healing and Meditation "The Soul of Healing".

Ongoing services available include Counselling/Psychotherapy, Art Therapy, Complementary Therapies.

Support Groups:

- PATHS Meetings are held on the 2nd Tuesday of each month 8pm-9.30pm
- Omagh Men's Support Group meets Mondays, 7.30-9.30pm

Any enquiries on any of the above, or to book your place, please contact reception on 028 8225 0024 Email: info@taraomagh.com

Landscapes Northern Ireland Survey

Landscapes NI are undertaking a survey to get a greater understanding of the public, communities and organisations views on landscapes across N Ireland. The more responses they receive will help build the case for better landscape strategy, policy and ultimately legislation. The <u>link to the survey is here</u>.

Aisling Centre

37 Darling Street, Enniskillen BT74 7DP Tel 028 6632 5811

Hope Healing Growth

Annual Day of Inspiration

Saturday 11 January at the Crest Centre, SW College, Enniskillen or online. Start the new year positively with an inspirational and exciting programme of speakers and contributors. Book via Eventbrite bit.ly/HHG25

Groups & Programmes:

- Forget Me Not Bereaved by Suicide Support group meets first Monday every month at 7.30pm. For further information please contact Aisling Centre on 028 6632 5811.
- Mindfulness Meditation Monthly drop-in sessions, last Tuesday of every month at 7pm.

Other Groups:

- **Alcoholics Anonymous** 3 meetings per week at Aisling Centre. For more information, please contact info@theaislingcentre.com or telephone 028 6632 5811.
- **Aware** Mental Health Support Group. Every other Tuesday at 7pm. If you would like to attend, please email Sarah sarah@aware-ni.org.
- **Escapists** Support Group for Carers. Meets Wednesdays 10.30am-1pm. For more information contact info@theaislingcentre.com or call 028 6632 5811.
- Carer's Support Hub Meets on the last Thursday of the month, 11am-1pm. Next meeting Thursday 30 January. Support for all carers in Fermanagh and Omagh. Please contact Judith to attend on 028 6863 1234.
- **Fermanagh Pride** Meets Thursdays at 7pm. Contact 07368 503661 or email fermanaghpride@gmail.com for further information.

- **Island Artists** Open to new members. Meets Wednesdays from 1-4pm. For more information, please contact Maura on 07968 225704.
- Little Mess Messy play and learning for children aged 6 months to 5 years, with a craft corner for older siblings up to 10 years old. Contact Colette on fermanagh@thelittlesensory.co for more information of if you would like to attend.

Yoga Timetable (please contact individual facilitators to book):

•	Christine	Mondays at 5.30pm	07722 550040
•	Leila	Mondays at 7pm	07594 026531
•	Elena	Tuesdays at 7.15pm	07894 037450
•	Alasdair	Wednesdays at 6.30pm	07776 290903
•	Genny	Thursdays at 12pm	028 8754 1994
•	Theresa	Thursdays at 6.30pm & 7.30pm	07923 694523

Latest Volunteering Opportunities

Fermanagh https://www.volunteernow.co.uk/volunteering-opportunities/

Omagh https://omaghvolunteercentre.org/opportunities

VE Day 80

Thursday 8 May 2025

Organisers of VE Day 80 are encouraging Councils and communities who have existing Beacons and Lamps to re-light them at 9.30pm on 8 May 2025. And for those with pets to consider lighting a Lamp Light of Peace to remember the millions of animals that gave service and sacrifice during World War Two.

Organisers are also encouraging as many Churches/Cathedrals within the district to ring their Bells in celebration of 80 years of peace, at 6.30pm that evening (8 May 2025).

Those planning to take part are requested to register their event and promote the event within the local media.

For further information visit https://www.veday80.org.uk/ where you can download a guide to taking part.

NISRA

The <u>Local Statistics Explorer</u> is a new web application that allows users to explore a wide range of statistics for different areas within Northern Ireland.

It has been designed for councils, community and voluntary organisations, schools, and the public to showcase the statistics for your local area, and it is a replacement of the old NINIS Area profiles.

Users can tailor the statistics they view by council area, by DEA (district electoral area), or smaller statistical geographies. It offers the ability to search for areas by name, selecting a council from the list, entering a postcode or by clicking on the map.

When zoomed in to a specific area, users will see the NI average presented alongside the local statistic to give some context, or users can choose to view the data for NI as a whole.

It is a prototype application, we encourage you to explore it and we are interested in your feedback – please complete the short survey to help us improve the product.

The new prototype Find my area webpage allows users to enter a postcode and see the administrative and statistical areas it sits within. It is designed to replace the postcode search feature on NINIS. Please complete the short survey to help us improve it.

The <u>NISRA Boundary Application</u> is still available if you want to explore the location of addresses (based on <u>Pointer</u>), postcodes and boundaries of areas in more detail.

Training Opportunities

Omagh Forum Training Courses

- Making a successful funding application! face to face Omagh Community House
 Tuesday 4 February 2025, 7.30-9pm
- Good Governance Training face to face Omagh Community House Tuesday 29 April 2025, 7.30-9pm

The King's Trust

Formerly The Prince's Trust

Development Awards

For Age: 16-30

Available throughout the year, across Northern Ireland

Grants of up to £160 to support young people into education, training or employment.

Awards can help you with:

- Fees for courses up to and including Level 3, lasting 2 days or more.
- Course equipment such as tools, kits or uniforms.
- Training costs, SIA license fees and CSR cards.

Travel cards to access employment or education

Enterprise

For Age: 18-30

Available throughout the year, Virtual

Want to start your own business and need support to make it happen? Our free Enterprise programme is here for you.

You'll benefit from:

- Expert-led workshops
- Access to grant opportunities of up to £5000
- One-to-one support as you create your business plan and launch your business ...plus much more!

We have a monthly flyer which gives an overview of every programme happening in the next month. You can also check out our 'Quick Guide' for how we help young people for a summary of our different programmes.

Check out https://www.kingstrust.org.uk/about-us/where-we-work/northern-ireland for more information.

Current Free Courses, Omagh, Enniskillen, Derry/Londonderry & Online!

Do you volunteer or work for a Charity, Community Group, Voluntary organisation? A sports club, music group, arts group, social /recreational group?

Online On Demand Courses

Access your free learning from any device, at any time, from any location!
Access full programme details at this link and register for any of the above courses at https://www.fermanaghtrust.org/community-support/training-programme

If you have any questions or training needs we haven't covered, please do get in touch, call Sonya at The Fermanagh Trust on 028 6632 0210 or email leadership@fermanaghtrust.org

WHSCT Recovery College

Free courses on mental health and emotional wellbeing

We all have varying degrees of mental health just like with our physical health. As such our workshops are free and open to absolutely everyone – carers and supporters, people with or without a mental health diagnosis, staff, students – anyone who wants to improve or maintain their mental health and emotional wellbeing.

We keep things informal and relaxed, and all workshops have been written and are delivered by people who have lived experience alongside mental health professionals so students get the lived and learned experience of the topics.

For further details visit https://westerntrust.hscni.net/service/recovery-college/

Health Improvement Equality & Involvement Department

Updated Training Brochure January to March 2025

The WHSCT Health Improvement Equality & Involvement (HIEI) Department has released their latest **updated Training Brochure** which is offering **free training courses** taking place across the Trust from 1 January to 31 March 2025.

This second edition Update of the HIEI Training Brochure continues with our new themed layout. Our training courses are under the headings of Children & Families, Community Development, Emotional Health & Wellbeing, Nutrition, Physical Activity, Sexual Health and Smoking Cessation. We are delighted to announce that there are six new courses and two returning courses available.

Our new courses in this edition are Odyssey Parenting your Teen Programme; What is Childline?; Health Literacy Awareness Session; Introduction to Positive Intelligence; Making our Nervous System Work for Us: Using the Polyvagal Theory; and Understanding Self Harm with Autism. The courses coming back are Interculturalism and Traveller Cultural Awareness and Chair Yoga.

The courses will be delivered either via Zoom or face to face in locations across the WHSCT. To view the Training Brochure click on https://westerntrust.pagetiger.com/HIEIJan-March2025

Funding Opportunities

Mental Health Strategy Early Intervention & Prevention

New grant programme: Strengthening Communities

This will provide multi-year funding of up to £500,000 for projects which make communities stronger, healthier and more inclusive. The annual budget for this new programme will be around £20 million. Now open to applications from voluntary and community sector organisations with no closing date. For further information visit 'It starts with community'

We will be sharing details of information sessions for any groups interested in applying on our social media channels in the coming weeks. We want people to contact our team and chat to us about their ideas if they would like to apply – here's a <u>link</u> where there are some more details about the programme.

National Churches Trust

Treasure Island Grants

The Treasure Ireland Grants Programme can offer between £500 and £10,000 to Places of Worship in Northern Ireland for urgent and essential maintenance and repair projects costing up to £100,000 (incl. VAT). They will consider applications from listed and unlisted Christian places of worship, of any denomination, that are located in Northern Ireland. You must have 50% of the funds required at the point of application.

Find out more at National Churches Trust: Treasure Ireland

Upcoming deadlines January and May 2025

Victoria Homes Trust

Grants are available for voluntary projects that assist the physical, mental and spiritual development of young people in Northern Ireland under 21 years of age. Examples of eligible areas include alcohol and drugs abuse; homelessness; and counselling for those in need of guidance, advice and support.

Maximum value: £2,500

For further information visit https://www.victoriahomestrust.com/

Application deadline: Thursday 2 January 2025

SSE Airtricity Generation Green Community Fund

The SSE Airtricity Generation Green Community Fund has been established to support communities across the island of Ireland in their journey towards sustainability. The fund is designed to empower local communities to take an active role in the Green Transition—a collective shift toward greener, more sustainable living.

The Generation Green Community Fund is open to a wide range of groups – whether projects are part of a grassroots organisation working on environmental awareness, a school looking to integrate sustainability into the curriculum, or a social enterprise creating green solutions, this fund is here to support their vision.

Getting to net zero is in everyone's interest and local communities will be at the heart of the energy transition.

For more information visit sseairtricity.com/communityfund

Deadline: Friday 10 January 2025

Home Instead Charities

Small Grants to Reduce Social Isolation for Over 55s in the UK

We can fund:

- Regular weekly or monthly events and activities such as weekly cinema club, weekly knit and natter or Thursday lunch club
- One off activities such as a day trip or a Christmas lunch
- Activities such as yoga or a guest speaker for your group such as a local historian

Applications are open 4 times per year - Applications received in January will be processed and awarded in February

For further information visit Apply For A Grant | Home Instead Charities

Age Without Limits Day: Micro-grants for Age-friendly Communities

Grants of up to £500 are available, with an additional £150 to cover anything needed to make the event or activity more accessible. All events and activities will need to respond to the theme "Celebrate Ageing. Challenge Ageism", which we want applicants to interpret in their own way. For inspiration of events and activities please read case-studies from the March 2024 Age Without Limits Day.

For further information including details of information sessions visit <u>Age Without Limits website</u>. **Deadline Monday 10 February, 5pm**

TBUC Camps Programme 2025-26

Funding for cross-community youth work to build positive relations and long lasting friendships among young people across all parts of the community.

We fund transport costs, residential costs, venue hire, day trips, food costs, equipment/materials, facilitators, staff costs and more.

Open to any constituted groups, such as community groups, voluntary organisations, schools, etc. For full details visit https://eanifunding.org.uk/tbuc/

For any assistance with your application, contact communitysupport@fermanaghomagh.com in the first instance.

Completed applications must be returned to the Education Authority no later than 4pm on Friday 17 January 2025.

*Successful applications are subject to funding being made available in the 2025/26 period.

T:BUC Central Good Relations Fund

Applications must be submitted online by Monday 27 January 2025 at 4pm

For groups who wish to apply online for a project funding grant (for projects over £1,500).

To access the online application portal, you must first register your organisation. **However, if you have previously registered, you <u>do not</u> need to register again**. If you are unsure if your organisation has previously been registered, please contact a member of the team who will be able to advise. Please follow the link below and enter your username and password in the 'Local Account Login' section to log in to the application portal.

Already Registered? Login to apply for a 2025/26 CGRF grant

If you have not already registered, please use the link below to register your organisation. Please note, you must correctly register your organisation by **12 noon on Friday 24 January 2025** to enable access to the online application portal. Any registrations submitted after this time will not be accepted and you will be unable to submit an application for the 2025/26 funding year.

Register to be able to apply for a 2025/26 CGRF grant

It is advised that **all** applicants read the 2025/26 CGRF Guidance notes https://www.executiveoffice-ni.gov.uk/publications/202526-cgrf-guidance-notes which include a step-by-step guide to the registration process and application form before you start.

Register

To register (if you have not already done so), you will need:

- Your contact information;
- Details of your organisation, including address and organisation type; and
- A copy of your organisation's constitution (WORD or PDF).

Online Application

To apply online you will need:

- Your online sign in details (username and password);
- Details of your proposed project including proposed activities and costings; and
- Copies of job descriptions, if applicable (for any salary(s) being claimed).

Register to attend an online session:

Please click the link under the session you wish to attend in order to register. You will then be provided with joining instructions for your chosen session.

In advance of the session, you may wish to ensure that the device you will be logging on with is compatible with MS Teams.

- Session 1 Tuesday 7 January 2025 @ 10.30am https://events.teams.microsoft.com/event/76ba490e-5df7-4907-b3a7-0c8a6e76061f@e7a13aea-9437-4db7-a22b-cfaa4ce33b6e
- Session 2 Monday 13 January 2025 @ 2.30pm https://events.teams.microsoft.com/event/2f240502-6d47-4867-ae2d-9626e74db98a@e7a13aea-9437-4db7-a22b-cfaa4ce33b6e
- Session 3 Thursday 23 January 2025 @ 10.30am https://events.teams.microsoft.com/event/127d8713-3b16-4f43-b38b-952ff1dceab9@e7a13aea-9437-4db7-a22b-cfaa4ce33b6e

Got questions? Email our team at GoodRelationsFund@executiveoffice-ni.gov.uk