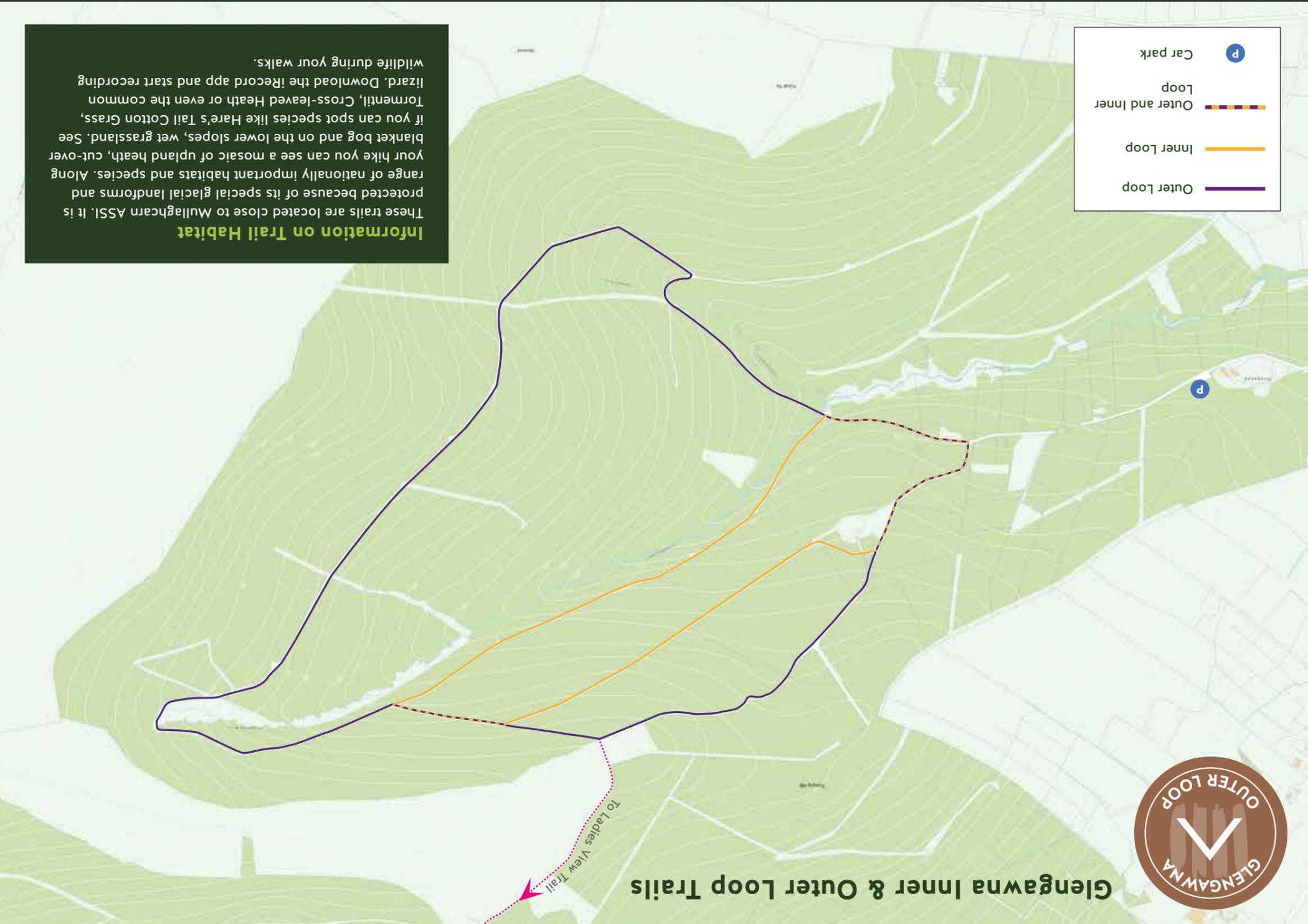


### Information on Trail Habitat

These trails are located close to Mullaghcarn ASSI. It is protected because of its special landforms and range of nationally important habitats and species. Along your hike you can see a mosaic of upland heath, cut-over blanket bog and on the lower slopes, wet grassland. See if you can spot species like Hare's Tail Cotton Grass, Tormentil, Cross-leaved Heath or even the common lizard. Download the iRecord app and start recording wildlife during your walks.



## Gortin Glen Forest Park - A Walker's Code

### Walking Trails

A range of trails start from the trailhead. They provide the chance to enjoy the Park's natural habitats at their best. All the trails are colour coded and return to the trailhead. Please be aware that there are also dedicated trails for mountain bikes and horses. Information on additional walks are available at [www.walkni.com](http://www.walkni.com)

#### Park & Education Trail

Moderate | 1.0 km | 30 minutes

A pleasant family friendly trail along the lower reaches of the Pollan Burn. This trail takes walkers past the wildfowl and deer enclosures.

#### Nature Trail

Strenuous | 2.0 km | 1 hour

This educational trail provides interest for the whole family by taking in a range and variety of habitats. Information points along the way give a broad insight into the nature of Gortin Glen and the surrounding countryside.

#### Pollan Trail

Moderate | 2.0 km | 1 hour

This trail follows the course of the Pollan Burn. Stop at the waterfall and enjoy the beauty. Continue on through forests of Lodgepole pine and Sitka spruce before returning to the trailhead.

#### Ladies View Trail

Strenuous | 3.7 km | 2 hours

Ladies View Trail was so named after the two nearby Mountains of Bessy Bell and Lady Gray. Enjoy the panoramic views of the countryside. A steady descent leads back to the trailhead along the scenic drive, then through diverse conifer woodland.

#### Mullaghcarn Trail & Giant Sculpture

Strenuous | 7.0 km | 3.5 hours

This more challenging trail follows the Pollan Trail before breaking off towards the summit of Mullaghcarn and the Giant Sculpture.

#### Glengawna Inner & Outer Loops Trails

Moderate | Outer Loop 5.7km | Inner Loop 3.5km

These two looped trails over forest tracks can be reached from the main car park by following the Ladies View Trail to its highest point then continue south or via a small parking area 4.25km south of the main entrance (known locally as the Chicken Run).

### Gortin Glen Forest Park - A Walker's Code

#### Preparation

The weather can change at any minute so take extra warm waterproof clothing, wear sturdy footwear and bring a snack.

#### Leave No Trace

Please use refuse bins or, better still, take litter home and only leave footprints.

#### Keep to the appropriate Trail

Please keep to the way-marked walking trails and watch out for mountain bikers on their dedicated trails.

#### Minimise Fire Risk

Help prevent forest fires by not throwing cigarette butts or glass bottles away as these can cause ignition

#### Parking

There is ample parking in the main car park so please park only in designated parking bays and don't park in spaces reserved for Blue Badge holders.

#### Dogs

Dogs are welcome to the Park, preferably on a lead. However, leads must be used on the upper section of Mullaghcarn Trail due to livestock grazing on both sides of the trail.

#### Opening Hours

Gortin Glen Forest Park is open from early morning to late evening but may have to close at short notice due to forestry operations or local weather conditions

#### Contact Information

There is a Ranger presence on site most days working throughout the forest. If there is an emergency, please call 999. Consider downloading the App what3words to help emergency services find you if you get lost.

Tel: 0300 303 1777 (normal Council office hours only)  
Email: [gortinglenforestpark@fermanaghmagh.com](mailto:gortinglenforestpark@fermanaghmagh.com)

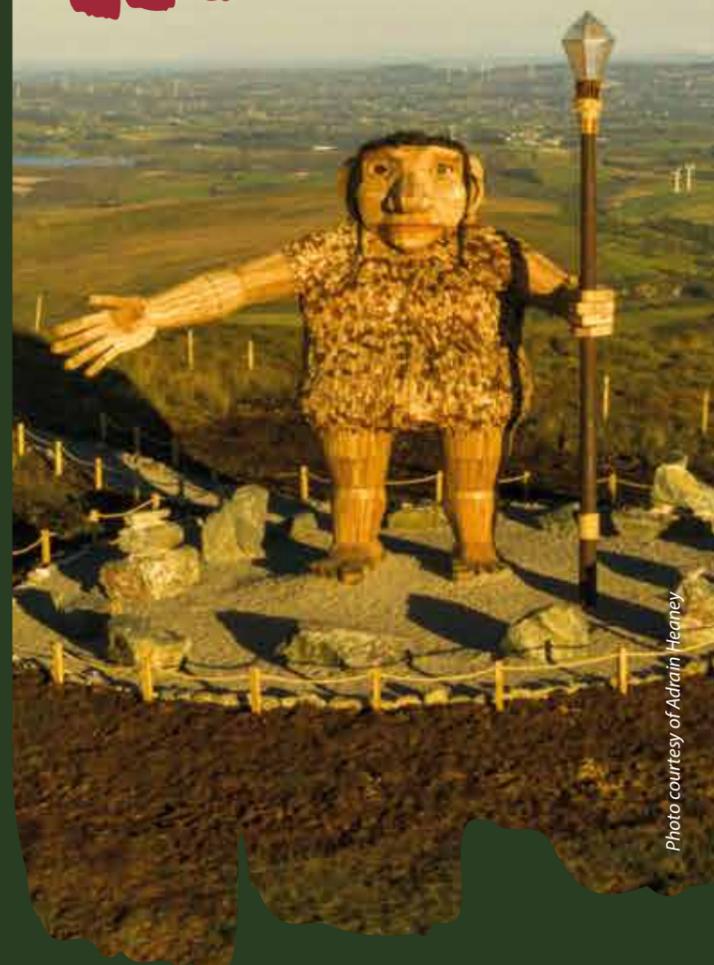


Photo courtesy of Adrain Heaney



## A Walking Guide to Gortin Glen Forest Park

**KEY**

-  Park Trail
-  Nature Trail
-  Pollan Trail
-  Ladies View Trail
-  Mullaghcarn Trail & Giant Sculpture
-  Scenic Drive
-  Wildlife Area
-  Deer Enclosure
-  Toilets
-  Parking
-  Blue-badge Parking
-  Viewpoint
-  Campsite
-  Walking Trail Head
-  Waterfall

